



## Parents as Teachers Mit Eltern Lernen

### Register today!

All children can learn, grow and develop to realise their full potential.

You and your baby deserve the support which "PAT – Mit Eltern lernen" can give you.

Participation in the programme will cost 40 Euros per year. You can pay in instalments.

The programme is available in the following languages: German, Russian, Turkish, French, English, Arabic and Kurdish.

## PARENT TRAINING PROGRAMMES

### More information on PAT

#### Parent Educators:

Jeanne Werner-Dietrich  
Mobile: 0157 - 84 00 27 40

#### Programme Supervisor:

Hilde Nägele  
Telefon: (0911) 9 29 96 99 - 15

Arbeiterwohlfahrt Kreisverband Nürnberg e.V.  
Workers' Welfare Association Nuremberg Section  
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#### Funding Organisation:

Arbeiterwohlfahrt Kreisverband Nürnberg e.V.  
Workers' Welfare Association Nuremberg Section  
Karl-Bröger-Str. 9, 90459 Nürnberg

### Parent Training Programmes

The Programme from Pregnancy to the Child's Third Year



## Parents as Teachers Mit Eltern Lernen

(Englisch US )

Helps your child to fully develop its potential

**"The fact that there is someone who takes the time to talk to me in all confidentiality about being a parent, gives me the feeling of being really important."**



**Education Starts in the Family/at Home**

### **Being a parent: A lot of fun – a lot of hard work!**

In their first years, children learn more and faster than in any other time of their lives. You can influence your child's future. You just have to offer him specific experiences. Your baby is ready to learn right from birth. You, the parents, are your baby's first and most important teachers.

### **"PAT – Mit Eltern lernen" Parents as Teachers**

- "PAT – Mit Eltern lernen" is an international programme supporting families. From pregnancy to roughly your child's third year.
- A parent educator will talk with you about the development of your child, and she will explain in an understandable manner the latest findings on brain development in early childhood.
- So parents will be well informed about the When? What? and How? of each development step in early childhood.
- With this knowledge you can give your child specific support in those areas where and when she is ready to learn.
- Together with the parent educator, you will develop many ideas for age-appropriate playing with your child.

### **What does "PAT – Mit Eltern lernen" offer you?**

**Personal Visits** – The parent educator talks with you about the special aspects of your baby's current development stage. Together with you, she will try to find out how you as a parent can best deal with this phase. The parent educator takes time to listen to your questions and concerns.

**Group Meetings with Other Parents**- These meetings give you the opportunity to share with others on being a parent and to get more information on educational topics. You can learn from each other and give each other support.

**Resources Network** – You will get in touch with other families and you will find out about other resources and services offered for young families in your area (community).

**PARENT EDUCATION PROGRAMMES**